

## Week 1

Monday	Tuesday	Wednesday	Thursday	Friday
Roast (chicken or beef)	Fish wrap and veggie sticks	Sausage and mash with veggies	Pasta bolognese served with garlic bread	Homemade pasty

## Week 2

Monday	Tuesday	Wednesday	Thursday	Friday
Casserole (chicken, beef or lamb) served with bread and butter	Pasta bake- (chicken, ham or tuna) with veggies	Curry served with flatbread	Cottage pie	Make your own pizza with veggie sticks

Puddings are a choice of rice pudding, custard, jelly, natural yoghurt together with either fruit, raisins or a homemade fruit based cake such as lemon, carrot, banana, chocolate and beetroot or blueberry muffin.

All food is sourced locally as possible- Dales butchers, Cornish harvest, farm shops etc.

Meals can be altered to require any needs due to allergies and all the food we serve is Nut Free.